

# **Emergency (911) Commands**

**By**

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**Here is a quick reference for some common scenarios where you might not have time to skim the whole book.**

## **Accidents, Burned, Broken, Bruised**

- **I witness total healing**
- **Neutralize trauma or remove energy of trauma**
- **Send Blue Green**

## **Hospital, Doctors Office**

- **Raise consciousness of (doctors, nurses, staff, etc.)**
- **Send love and healing to (doctors, nurses, staff, etc.)**
- **Harmonize any relationships with (doctors, nurses, staff, etc.)**
- **Have this situation work out for my highest good and the highest good of all concerned**

## **I Don' t Feel Alright**

- **Change energy to Blue Green**
- **Neutralize harmful bacteria and virus**
- **Alleviate negative effects of \_\_\_\_\_**
- **I witness total healing**
- **Raise consciousness**
- **Raise vitality**
- **Send Winter Gray to any harmful bacteria and virus**

## **Mental Health**

- **Decrease size of the Crown Chakra**
- **Increase the size of Root/Basic Chakra**
- **Raise consciousness**
- **Send love**

## **Relationships**

(2)

- Harmonize relationships between \_\_\_\_\_ and \_\_\_\_\_
- Send love to \_\_\_\_\_
- Increase the consciousness of \_\_\_\_\_
- Neutralize negative thoughts, emotions and memories between \_\_\_\_\_

### Commands for All Situations

I strongly recommend memorizing these pendulum commands and to have them ready to use at a moments notice.

- Change the energy of \_\_\_\_\_ to Blue Green
- Decrease the level of/ amount of \_\_\_\_\_
- Harmonize \_\_\_\_\_ with my body
- Harmonize the relationships between \_\_\_\_\_ and \_\_\_\_\_
- I witness a complete and total healing of \_\_\_\_\_
- Increase my ability to receive to the highest level
- Increase my enjoyment to the highest level possible
- Increase the amount of love to the highest level possible
- Increase willingness to heal of \_\_\_\_\_
- Neutralize blocks to healing of \_\_\_\_\_
- Neutralize negative thoughts, emotions and memories between \_\_\_\_\_ and \_\_\_\_\_
- Raise my consciousness to know what I need to know, do what I need to do to resolve this situation
- Raise the consciousness level of \_\_\_\_\_
- Raise the vitality of \_\_\_\_\_
- Remove any effect of \_\_\_\_\_
- Remove/neutralize trauma \_\_\_\_\_
- Send love to \_\_\_\_\_

Remove the negative effects mass consciousness had upon your body frequency